

5 Mile Race results

Overall Position	Category	Running No	Time	Full Name
1	M	117	31.48	MARK APSEY
2	M	157	32.06	Steve Jeffrey
3	M	177	32.42	Mark Gorst
4	M	31	33.50	Nick Onslow
5	M50	65	34.09	Phil Norris
6	M	150	35.07	Jonathan Elliott
7	M	102	35.19	Jamie West
8	M	90	35.20	Paul Field
9	M	98	35.50	Simon Wraight
10	M	163	36.16	Simon Ruck
11	M	60	36.20	Nigel Rayment
12	M	112	36.21	Rupert Haynes
13	M	131	37.13	Ryan Hill
14	M	126	37.48	Ed Jones
15	F	95	38.09	Lisa Gottwald
16	M	105	38.19	Daniel Holloway
17	M	134	38.25	John Houston
18	M50	96	38.35	Simon Pender
19	F	30	38.39	Linda Van der Wel
20	M50	97	38.41	Ken Adams
21	M50	154	38.52	Cyd Hill
22	M50	142	39.17	Monty Palfrey
23	M	89	39.21	David Biddy
24	M	86	39.29	Dale Johnson
25	M	52	39.37	Richard Raynor
26	M	189	39.48	Jared Moore
27	F	66	40.00	ANWEN HOWELLS
28	M	144	40.00	Robert Nethersole
29	M	74	40.22	MIKE ALLEN
30	M50	37	40.23	Bryan Watson
31	M	3	40.25	Colin Campbell
32	M50	141	40.25	Robin Bruce
33	M	166	40.25	Mark Moffat
34	M	67	40.26	CHRIS HALL
35	F	148	40.48	Claire Hopkins
36	M	45	41.01	David Matthews
37	M	153	41.16	Stuart Gearing
38	M	14	41.18	Barry Souden
39	M	196	41.23	Duncan Horner
40	F	62	41.28	Claire Eldridge
41	M	124	41.28	Joe Hoskins
42	M	167	41.29	James Pearce
43	M	71	41.30	MARK SHERWOOD
44	M	120	41.34	Mark Hayes
45	M	176	41.48	David Hallson
46	M50	54	41.49	Mark Pritchard
47	M50	130	41.54	Alex Russell
48	M	114	42.07	Paul Ancott

49	M	76	42.26	Ian Philips
50	M	10	42.43	Mark Ashby
51	M	111	42.44	Rory Williams-Burrell
52	M	192	42.45	Richard Penney
53	M	107	42.51	Rory Bonnicks
54	F50	123	43.13	Marine Shone
55	F	77	43.14	Nicola Philips
56	M	50	43.18	Martyn Warner
57	M	83	43.20	Theo Pressner
58	M	64	43.26	Tim Martin
59	M	185	43.32	Jeff Stoker
60	F16	186	43.32	Leila Stoker
61	M50	149	43.37	Philip Carter
62	F	70	43.38	LOUISE SMITH
63	M	122	43.53	Matt Kingston
64	M50	162	43.53	Nick Rywell
65	M50	151	43.59	Jeff Cushing
66	F	6	44.26	Martha Newman
67	F	125	44.26	Samantha Bayle
68	M50	34	44.28	Simon Hart
69	M50	145	44.31	Stephen Walker
70	M50	87	44.34	David Friend
71	M	75	44.54	BEN CHAFFÉ
72	F50	91	44.57	Debbie Duncalf
73	M	20	44.58	James McGuinness
74	M16	35	45.26	Charlie Hart
75	F	36	45.31	Karen Hodkin
76	M	168	45.50	Martin Wood
77	M50	129	45.51	Colin Henderson
78	F	13	46.04	Gemma Souden
79	M50	172	46.11	John Stone
80	F	178	46.35	Rebecca Cookson
81	M	46	46.39	Rob Spreadbury
82	M	179	46.39	Vasco Schreck
83	M	47	46.50	Martin Long
84	F	92	47.28	Caroline Buckley
85	M	119	47.35	Russell Foston
86	M	136	47.36	Robert Fry
87	M	94	47.44	Ted McDougall
88	M50	135	48.05	Christopher Payne
89	F50	140	48.11	Nick Walshe
90	M	49	48.24	Simon Reeves
91	M	73	48.25	CHRIS BERRY
92	M50	169	48.32	David Tucker
93	M	55	48.37	Nick Jack
94	F16	27	48.45	Becky Hart
95	F	113	48.54	Kate Haynes
96	F	156	48.55	Hayley Fletcher
97	M	164	48.57	Chris Prime
98	F	165	48.57	Liz Prime
99	M50	21	49.10	Jonathan Coyle
100	F	48	49.15	Sadie Osborn

101	F	158	49.18	Rachael Hunt
102	F16	57	49.20	Iysha Morris
103	F	59	49.25	Cally Morris
104	F	104	49.27	Rhiannon Howells
105	M50	69	49.29	JOHN SUTTON
106	M	171	49.55	Simon Gibbins
107	F	137	50.17	Ellen Mamanus-Fry
108	M50	152	50.19	Colin Wilson
109	M	24	50.58	Sean Spicer
110	F	4	51.03	Liza Campbell
111	F	26	51.09	Jon Hart
112	M50	17	51.16	Peter Godfrey
113	F	99	51.27	Lisa Wraight
114	M50	33	51.35	John Featherstone
115	M50	81	51.35	Mark Ward
116	F	184	51.41	Varsha Stoker
117	F	170	51.43	Alexis Ogden
118	M	127	51.54	Andy Lowden
119	M16	183	51.54	Jack Shore
120	F	147	52.02	Emmeline Fenn
121	F	18	52.09	Emma Godfrey
122	M	108	52.12	Ben Layburn
123	F	32	52.15	Kelly Evans
124	F	100	52.15	Llian Spinks
125	M	190	52.19	Mark Vatcher
126	F	12	52.57	Ceri Brueton
127	F	161	53.02	Jess Fairhurst
128	F	180	53.02	Deborah Schreck
129	M50	159	53.26	Kevan Day
130	F50	160	53.26	Suzanne Hunt
131	M	103	53.27	Matthew Heinau
132	F	155	53.51	Tracey Tatam
133	F	128	53.54	Andrea Malone
134	M50	78	53.55	Tony Stanley
135	F	5	54.00	Jessica Boekhoff
136	F50	116	54.00	Cilia Mackinder
137	F	187	54.00	Sophie Shields
138	F	188	54.00	Harriet Easton
139	F	22	54.35	Colette Wilson
140	M	29	55.24	Paul Mellor
141	F50	79	55.24	Joanne Stanley
142	F	11	55.30	Samantha Radford
143	M50	88	55.38	Stephen Bidy
144	F	56	55.42	Emma Crisp
145	M50	175	55.56	Rob Huitson
146	M	19	56.25	Sam Cooper
147	M	38	56.26	Sadayappan TM
148	M16	174	56.27	Oliver Baker
149	F50	181	57.47	Penny Morris
150	F	182	58.14	Georgie Bitcliffe
151	M	41	58.18	Paul Caswell
152	F	42	58.18	Teresa Caswell

153	M16	43	58.18	Max Caswell
154	M16	44	58.18	Alex Caswell
155	M	8	58.36	Owen Watson
156	F	118	58.42	Edel Abbott
157	F50	146	58.44	Diamanda Walker
158	F	115	58.50	Sarah Hoskins
159	M16	109	58.51	Angus Macklin
160	F50	28	59.33	Jo Mellor
161	F	194	59.44	Emily Goodenough
162	M	195	59.44	Mathew Nisbet
163	F	132	60.15	Amanda Walker
164	F50	133	60.15	Gill Sainsbury
165	F	2	61.31	Wendy Toogood-Wolvey
166	M	110	61.31	Steve Toogood
167	F16	16	61.44	Emily Rolfe
168	F16	25	61.44	Amy Spencer
169	F16	143	61.54	Lonna Caron
170	F	1	62.15	Meliza Harper
171	F	193	62.15	Kerry Eastwood
172	F50	7	62.55	Judy Lloyd
173	F50	9	62.55	Nicky Ansell
174	F	82	63.28	Frances Pressner
175	F50	173	63.28	Aisha Stone
176	M50	15	65.15	Kingsley Starling
177	M	23	68.29	Adam Clark
178	F	40	68.29	Katie Stevens
179	F	84	68.43	Rebecca Pressner
180	M	85	68.43	Adam Wilson
181	F	121	69.32	Jess Battle
182	F50	68	70.21	LINDA SUTTON
183	F	191	70.21	Rebecca Tubbs
184	M50	138	71.12	Roger Chenins
185	F	139	71.13	Natalie Cole
186	M50	80	72.30	John Hart
187	F50	93	75.28	Lesley Snelling
188	M	106	82.05	Alex Robery

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